

A community that values people at every stage of life.



## Resource Center <sup>on</sup> Aging

*at Harpeth Hills  
Church of Christ*

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## Our services include ...



### Direct Family Support

Personal one-on-one meetings with family members who are facing tough decisions concerning aging, care of a loved one, and/or end-of-life issues. Options are presented and discussed. We also serve as a referral source to appropriate healthcare, faith-based, educational, and provider networks.



### Care Management

The Center provides the services of a Social Worker to walk with individuals and families with whom we directly work to assist in decision making.



### Collaborative Relationships

In order to maximize the effectiveness of the Center and the ministry we provide, we are proactive in establishing working relationships with other appropriate community organizations. These include religious, educational, healthcare, social, and civic institutions. It is not our aim to have expertise in all phases of aging, but to establish partnerships with leaders in these respective disciplines.



### Family Conversations

This 13 week class is a biblical study of legacy: discussions every family needs to have dealing with care giving, generational planning, and end-of-life issues.



### Wellness 66

A collaborative event, organized by the Resource Center on Aging at Harpeth Hills and TriStar Centennial Parthenon Pavilion, this is a complimentary educational opportunity focusing on the holistic health (spiritual, physical, social, intellectual, emotional). This ongoing series offers individuals the opportunity to come together in a community setting to deepen their understanding of life issues we are all challenged by at different stages of our journey.



### Legacy Fund

An endowment receptacle to assist both Harpeth Hills members and other Christians in fulfilling their need to be good stewards over God's blessings.



### Caregiver's Support Group

The Center offers a support group that meets monthly and is open to the community.



### Intentional Older Adult Ministry Network

Participation in the IOAM network provides peer learning opportunities among area faith communities and meets monthly.



### Respite Care

This service offers short term and crisis care to Harpeth Hills families through a client relationship with a non-medical home service provider.



### Grief and Loss Support

Grief recovery and/or clinical counseling services are provided in cooperation with the Harpeth Hills Counseling Center.

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The church at Harpeth Hills recognizes that faith development is a continuum that extends from birth until death. The church should be a place that enhances the aging experience by helping older adults find meaning and purpose in their lives.

The Resource Center's goal is to serve, educate, and encourage. We provide collaborative, faith-based services that meet the health and wellness needs of the whole person.

Visit us online at [resourcecenteronaging.org](https://resourcecenteronaging.org) or more info & a calendar of events.